

Campus Support for Students

QUESTION or CONCERN	CONTACT for SUPPORT
I want support for my mental health, stress, anxiety, depression, etc.	<p>Counseling and Psychological Services (CAPS) — a free, confidential service for all students. In-person, crisis, group, and teletherapy services offered.</p> <p>Dare to Care — website featuring helpful videos</p> <p>THE WELL — a toolbox of self-help resources</p>
I am struggling with basic needs like housing or food.	<p>There are many resources, both on and off campus listed on this site — Providing for Our Students' Basic Needs. Also consult with DOVE or the Dean of Students Office.</p>
I have a psychological, physical, auditory, medical, learning disability or other chronic condition and want to know about accommodations.	<p>Disability Support Services (DSS) — provides support and accommodations to assure equal access to University programs.</p>
I don't feel well. I think I might be sick. I need a vaccine or a physical. I want a wellness exam.	<p>Health Services — available to all students, regardless of insurance. Staffed by MD, NP, and RNs, and accredited by AAAHC.</p>
I want to talk with someone about a sexual assault or sexual misconduct.	<p>Title IX Office or the Dean of Students Office are available as private reporting options. CAPS, Health Services, and the Priest Community are confidential reporting options. For more information, visit the Title IX website.</p>
I experienced or witnessed a bias incident on campus and want to tell someone.	<p>Report the incident to Public Safety or the Dean of Students. The Bias Education Support Team (BEST) is available for support-related resources.</p>

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I want to get involved on campus. I want to know what there is to do on campus.	ENGAGE! Just check out the Engage site for the current calendar and for more than 100 different organizations on campus, including their contact info.
I want to know about Study Abroad options.	Office of International Programs can help you. Opportunities are available during the academic year and summer.
I need a job. I need an internship. I want help with my resume. I need to improve my interview skills.	The Career Center can help with all of that and more!
I want to work on campus while in school.	For information on-campus jobs, visit Employment Opportunities at Seton Hall
I need extra help in class. I think I need a tutor.	Academic Resource Center (ARC) — provides tutors, access to Tutor.com, and study skills assistance. The best source is often the professor for the class — check out their office hours.
I want to talk to someone about my faith. I want to get involved with community service opportunities.	Reach out to Campus Ministry to speak with one of our priests or missionaries. DOVE offers many community service options.
I missed class. What do I do?	Refer to your professors' syllabi for their absence policy. Be familiar with the University Class Absence Notification Procedure . If your absence is for 3+ consecutive days, send documentation to deanofstudents@shu.edu
I'm not sure where to go or whom to ask with my question.	Contact the Dean of Students Office . If they can't assist you, they'll direct you to the right place.