



BALANCING **FAITH & WORK** PROGRAM  
RENEW INTERNATIONAL

SETON HALL  UNIVERSITY™  

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**CENTER FOR CATHOLIC STUDIES**

**TO: IBC AND MICAH PARTICIPANTS**

**SUBJECT: WHY THE “WHY” MATTERS- MOTIVATION AND PERFORMANCE**

**DATE: SEPTEMBER 2023**

## **September 2023 Meeting**

**Welcome and Self Introductions**

**Ignatian Business Chapters Mission Statement**

The Mission of the Ignatian Business Chapters is to establish and lead a national and international network of business executives to explore their respective religious traditions in order to help the individual executives:

- integrate faith, family, and professional life,
- develop a corporate culture that is reflective of their religious faith and values, and
- exercise a beneficial influence upon society at large.

The chapters, grounded in the Roman Catholic tradition, welcome believers who are open to and respectful of one another’s religious traditions. They are committed to the conviction that ethics and values grow out of one’s religious heritage.

**Scripture Reading:** Mark 1:14-15

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, “The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news.”

**Quiet reflection:** Five minutes followed by sharing insights.

**Article:** [“Finding Our Why”](#) by Gary Burnison

1. **Be Attentive:** Go back and remember the first day at work or the first day of school. We have had many first days throughout our school and work careers which were memorable. Why?
2. **Be Intelligent:** “So why are you here?” Gary Burnison’s question is provocative. It points to motivation, intrinsic and extrinsic. What is yours? How have you sustained it over time?
3. **Be Reasonable:** As a leader, how are you engaging and enabling your colleagues and receiving direct reports to understand and activate their why? What impact might it have?
4. **Be Responsible:** What were key insights that surfaced in today’s discussion? Any food for further contemplation? Any action steps? What are the implications for you at work, in your community and at home? Leverage the conversation for good.

**Closing Prayer:** Act of Self-Dedication

Take, O Lord and receive my entire liberty,  
my memory, my understanding and my will.

All that I am and all that I possess you have given to me.

I surrender it all to you to be disposed of according to your will.

Give me only your love and your grace:

With these I will be rich enough and will desire nothing more. Amen.

~ *St. Ignatius Loyola*

Glory be to the Father and to the Son and to the Holy Spirit  
as it was in the beginning, is now, and ever shall be, world without end.

Amen!